



Success

Timely tips to improve student achievement

June 2021

Avon Lake students design pendulum for school library

Advanced Placement physics students at **Avon Lake City's**, Avon Lake High School are designing a pendulum for installation in the school library. The 30-foot-tall Foucault pendulum will be installed in the library's ceiling, requiring renovations to the space. For more, go to <http://links.ohioschoolboards.org/SU709>.

Pandemic takes toll on female workers

Almost 8 in 10 female workers say their workloads have risen during the pandemic, with the majority feeling the need to be always "on" for work, according to a global study by Deloitte. The study also shows job satisfaction among them decreased by 29 points. In addition, almost 1 in 4 women are thinking about leaving the workforce completely, while 57%, rising to nearly 60% for women of color, intend to leave their workplaces in the next two years due to work/life balance. For more, go to <http://links.ohioschoolboards.org/SU710>.

What 2021 graduates expect from companies

Around two-thirds of college seniors want to work in offices full time or several days each week, in comparison to just 2% who would prefer to work full time from home, according to a report by Internet Collaborative Information Management Systems (iCIMS). In addition, 97% of human resources executives intend to use video during hiring processes, although 80% of college seniors prefer in-person formats. The top online application sources are LinkedIn, Indeed, Google, Glassdoor and ZipRecruiter. For more, visit <http://links.ohioschoolboards.org/SU711>.

How play can help children heal from pandemic challenges

Play fosters healing, self-expression and well-being for children, so it's important for them to re-engage outdoors as the pandemic led many to be tied to electronics for school and socialization, writes licensed clinical social worker **Kristen Estrella** and psychologist **Konstantin Lukin**. "Decreasing electronic use allows us to reawaken our imaginations and opens our mind to the different possibilities that can only arise when we are a little bored," they write. For more, visit <http://links.ohioschoolboards.org/SU712>.

New programs aim to support student mental health

Concerns over student mental health during the coronavirus pandemic have led to new initiatives and programs aimed at helping schools provide more mental health support. The National Center for School Mental Health is preparing to offer ClassroomWISE, a free, online course for teachers and school staff to learn how to support student mental health. For more, visit <http://links.ohioschoolboards.org/SU713>.

Student achievement in-depth

Each month, **Success** brings you a research brief or in-depth article to discuss with board members and administrators.

Girls of color helped by restorative practices

The use of restorative practices, such as community circles in the classroom, benefit female students of color and can boost their health, well-being and academic achievement, according to a study by researchers at the Initiative on Gender Justice and Opportunity at Georgetown Law's Center on Poverty and Inequality.

Researchers surveyed 67 Black and Latina middle- and high-school girls. Restorative practices and supportive settings help students overcome feelings of isolation and give girls a sense of empowerment to discuss challenges, say the researchers behind "Building Foundations for Health and Wellbeing: A Study of Restorative Practices and Girls of Color."

"These findings show that many more schools can take positive steps to support the health and well-being of girls of color," said the report's lead author, Dr. **Thalia González**, senior scholar at the Initiative on Gender Justice and Opportunity.

The study found that proactive restorative practices improve girls':

- connections to teachers;
- relationships with peers and family;
- sense of safety and positive school climate;
- social-emotional skills;
- mental health, resilience and empowerment.

The report recommends that schools:

- use restorative practices to reconnect students returning to school after COVID closings;
- use restorative practices to eliminate health and education inequities;
- implement restorative practices across all grades;
- restrict use of zero-tolerance and other punitive discipline practices.

"We know that girls of color face higher rates of trauma, exclusionary discipline and detachment from school than their peers and restorative practices are a pathway to strengthen marginalized girls' connections with teachers and peers, and receive the compassionate support they need to thrive," said co-author **Rebecca Epstein**, executive director of the Georgetown Law Center on Poverty and Inequality.

To learn more and to find the study link, please visit <http://links.ohioschoolboards.org/SU714>.

Success

June 2021

Success is published monthly as a member service by the Ohio School Boards Association, 8050 North High Street, Suite 100, Columbus, Ohio 43235-6481, (614) 540-4000 or (800) 589-OSBA. Kim Miller-Smith, senior student achievement consultant, editor; Jeff Chambers, director of communication services, assistant editor. To download a PDF of this eNewsletter, go to <http://www.ohioschoolboards.org/Success>.