

# Planning and Moving Forward After Tragedy

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1

## Preparation Crisis Drill Training

**Planning is essential**

**Every building, every events, every location**

**Practice, practice, practice**

**Planning and practice removes some anxiety**

**Gain familiarity with your plan**

**Allows you to find gaps in your plans**

**Allows recovery to start sooner**

2

## Preparation Crisis Drill Training

- Inform Community (prior to and include date)**
- Discuss Event/Plans with School Community**
- Engage all Community Agencies**
- Initiate Emergency Response**
- Practice Reunification.**
- Re-evaluate your Emergency Plans**
- Including Community will Strengthen Relationships**

3



## General Preparations

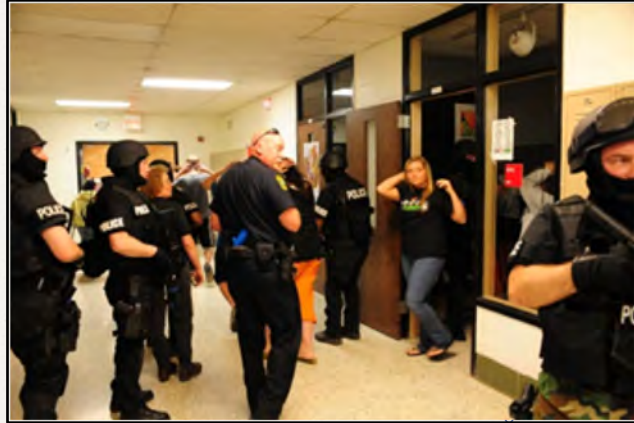
- Proactive meetings with stakeholders**
- Building Security**
  - **Room security plan- what about subs?**
- Communication**
  - **Rooms to ICT, ICT to responders,**
  - **Is there mass notification system.**
- Crisis Response Team**
  - **- Chain of Command**
  - **- Point Person**
  - **- Who organizes what**

4





### Crisis Drill Training



### Crisis Drill Training



## Crisis Drill Training

Debriefing

Engage discussion

Good, bad, ugly

7

### Items to consider

- In 81% of targeted school shooting incidents, at least one person had prior knowledge**
  - What cultural change programs to have in place?**
    - **Sandy Hook Promise**
    - **COR Foundation's AC4P**
- Mental Health Providers In Your Crisis Plan accreditation/background checks**
- First Responders - how familiar are they with your building**





**Items to consider - continued**

**Is email is most reliable form of communication?  
cell phones get jammed as do texts**

- PA System / walkie talkie / other  
If you are in a lockdown just how do you communicate?**
  
- What is your police and fire departments opinion  
concerning door suppression systems**



**School Resource Officers**

A Law Enforcement Officer with specialized training

Training includes;

- Foundations of School-Based Law Enforcement
- School Law
- Violence and Victimization: Challenges to Development
  - Understanding the Teen Brain
  - Social Media and Cyber Safety
- Guest Speaking and Effective Presentations
  - Understanding Special Needs Students

## School Resource Officers -training

- The SRO as a Mentor and Role Model
- Effects of Youth Trends and Drugs on the School Culture and Environment
  - School Law
- Developing and Supporting Successful Relationships with Diverse Students
- Threat Response: Preventing Violence in School Settings
- School Safety and Emergency Operations Plans

11

## House Bill 318

- Defines School Resource Officer and Training
- Provides 14 Million Dollars in Grant money
  - To be used for but not limited to
    - SRO training
    - Safety equipment
    - Safety training
    - Training to identify and assist students with mental health issues

<https://www.legislature.ohio.gov/legislation/legislation-summary?id=GA132-HB-318>

12



## Additional Resources

Homeland Security -K-12 School Security  
School Security Survey

<https://www.dhs.gov/publication/k-12-school-security-guide>

Threat Assessment  
Prevention  
Planning and Training

Mental Health and School Climate  
Attention to Disabilities and Access  
Functional Needs in Preventing Gun Violence  
13

## Additional Resources

[www.dhs.gov/active-shooter-preparedness](http://www.dhs.gov/active-shooter-preparedness)

Department of Homeland Security

[www.nasro.org](http://www.nasro.org)

National Association of School Resource Officers

[www.osroa.org](http://www.osroa.org)

Ohio School Resource Officer Association

[www.nami.org](http://www.nami.org)

National Alliance on Mental Illness<sup>14</sup>

## Moving Forward



16








**RECOVERY**

**Things to consider:**

- General Preparations**
- Students**
- Staff**
- Parents**
- Community**

18



## **General Preparations (continued)**

- Mental Health**
  - National Alliance of Mental Illness (NAMI)-Suicide Prevention**
- Trauma Education -From trauma experts**
- Local Mental Health Facilities**
- Know the Media**
- Know your First Responders**
- Self Care**

19



## **General Preparations (continued)**

- Stigma of Mental Health**
  - National Alliance of Mental Illness (NAMI)-Suicide Prevention**
- Trauma Education -From trauma experts**
- Local Mental Health Facilities**
- Know the Media**
- Know your First Responders**
- Self Care**
- XXX - go over these pages with Doug Snyder and Andy**

20





## Students

□ **Things your students need:**

- **Counselors / Therapists**
- **Therapy dogs**
- **Group therapy**
- **Change and Stability**
- **Freedom to Express**
- **To be heard – get their input**
- **Communication**

21



## Students



## Staff

- Different Counselors / Therapists**
- Substitutes on hand**
- Trauma Education**
- Lunches / group activities**
- To be heard – get their input**
- Communication**

24





## Parents

- Counselors**
- Evening Events**
- To be heard – get their input**
- Communication**

25



## Community

- Things your community needs:**
  - **People / Businesses want to help**
  - **Evening Events**
  - **To be heard – get their input**
  - **Communication**

26



## **Are You Ready?**

### **Relationships and trust levels**

#### **Engage the stakeholders**

- Media**
- Staff / Students / Parents / Community**
- Law Enforcement**
- Fire/EMS ( engagement )**
- Mental Health Counselors / Clergy**
- Legal ( board attorney / prosecutor's office )**
- Professional Communications Firm**



27

## **Are You Ready?**

### **Pre and Post Crisis Media Relationship**

- We need each other**
- Prior trust levels with local reporters**
- Provide a separate staging area**
- Updated press release to media sources close to their deadlines**
- It is never over**

28





## Restoring the learning environment

- Restore the learning environment and infrastructure
  
- Monitor how staff are assessing students relative to the emotional impact of the crisis
  
- Identify what follow up interventions are available to students, staff and first responders<sup>29</sup>



## **Restoring the learning environment**

**Conduct debriefings with staff and first responders**

**Allocate appropriate time for recovery**

### **-Mental Health Resources**

**Proactive K-12**

**Agencies / Clergy / Grief Counselors**

**Cognitive Behavioral Therapy /**

**Post Traumatic Stress Disorder**

**Commemoration activities**

31



## **Items to consider**

**Stepped process to reintegrate students and staff back to classes**

**Before / after school lockdowns / field trips / state and international trips**

**Classroom door locks ( just keep the door locked all the time )**

**Eliminate code words**





## Post-Tragedy Planning



## AC4P



34