

# Resources for Transgender Youth, Parents, and School Districts

Ohio School Boards Association

April 2016

## Publications, Reports, and Guidance Documents

DoE OCR: *Questions and Answers on Title IX and Sexual Violence* (p. 5-6)

<http://www2.ed.gov/about/offices/list/ocr/docs/qa-201404-title-ix.pdf>

This guidance document from the U.S. Department of Education, Office for Civil Rights makes it clear that Title IX of the Education Amendments of 1972 extends to claims of discrimination based on gender identity.

DoE OCR: *Questions and Answers on Title IX and Single-Sex Elementary and Secondary Classes and Extracurricular Activities* (p. 25)

<http://www2.ed.gov/about/offices/list/ocr/docs/faqs-title-ix-single-sex-201412.pdf>

This guidance from December 1, 2014 provides that transgender students generally must be treated consistently with their gender identity in all aspects of single-sex classes, including enrollment.

DoE OCR: *Sexual Violence*

<http://www2.ed.gov/about/offices/list/ocr/letters/colleague-201104.pdf>

This letter discusses Title IX requirements and how they relate to sexual harassment and sexual violence, discusses proactive efforts schools can take to prevent sexual violence and educate employees and students, and provides examples of the types of remedies schools and OCR may use to respond to sexual violence.

DoE OCR: *Fact Sheet about April 4, 2011 Sexual Violence DCL*

<http://www2.ed.gov/about/offices/list/ocr/docs/dcl-factsheet-201104.pdf>

Background, summary and fast facts re: OCR's April 4, 2011 DCL on sexual violence.

NSBA: *Transgender Students in Schools: Frequently Asked Questions and Answers for Public School Boards and Staff*

[https://cdn-files.nsba.org/s3fs-public/reports/2016\\_Transgender\\_Guide.pdf](https://cdn-files.nsba.org/s3fs-public/reports/2016_Transgender_Guide.pdf)

Designed to present a balanced explanation of the state of law and recommendations for formulating policy that reflects community concerns and ensures all students are safe and learning at school.

ACLU and GLSEN: *Know Your Rights: A Guide for Trans and Gender Nonconforming Students*

[https://www.aclu.org/files/assets/transstudent\\_kyr\\_20120508.pdf](https://www.aclu.org/files/assets/transstudent_kyr_20120508.pdf)

This guide from the American Civil Liberties Union and the Gay, Lesbian, Straight Education Network provides information for trans and gender nonconforming students about their legal rights at school regarding harassment, dress code, dates for prom and other formal dances, and more.

ACLU, Gender Spectrum, Human Rights Campaign, NCLR and NEA: *Schools in Transition: A guide for supporting transgender students in k-12 schools*

<https://www.aclu.org/report/schools-transition>

The guide provides a list of recommendations for educators and parents to provide safe and supporting environments for transgender students and includes narratives of experiences from students and educators.

TLC: *Transgender and Gender Non-Conforming Youth Recommendations For Schools*

<http://www.transgenderlaw.org/resources/tlcschools.htm>

This resource from the Transgender Law Center provides recommendations for addressing the severe discrimination and harassment transgender and gender non-conforming youth face in school.

GLSEN: *Harsh Realities: The Experiences of Transgender Youth in Our Nation's Schools*

<http://glsen.org/learn/research/national/report-harsh-realities>

This 2009 report documents the school experiences of 295 transgender middle and high school students and

finds that these students face extremely high levels of victimization, even more so than their nontransgender lesbian, gay, and bisexual peers.

GLSEN *Supporting Transgender and Gender Nonconforming Students*

<http://www.glsen.org/article/educators-support-trans-and-gnc-students>

Webinar on best practices for educators working with transgender and gender nonconforming students.

SRLP: *Fact Sheet: Transgender & Gender Nonconforming Youth In School*

<http://srlp.org/resources/fact-sheet-transgender-gender-nonconforming-youth-school/>

While some of the info is specific to New York, this fact sheet from the Sylvia Rivera Law Project provides a good general overview of relevant terminology and the type of discrimination youth face at school.

PFLAG: *Welcoming Our Trans Family and Friends*

<http://community.pflag.org/Document.Doc?id=202>

A guide from Parents, Families and Friends of Lesbians and Gays PDF with many resources for parents of children who are transgender or gender nonconforming.

Center for American Progress: *The Unfair Criminalization of Gay and Transgender Youth*

<http://americanprogress.org/issues/lgbt/report/2012/06/29/11730/the-unfair-criminalization-of-gay-andtransgender-youth/>

This research brief provides an overview of the experiences of LGBTQ youth in the juvenile justice system.

TLC: *Peeing in Peace: A Resource Guide for Transgender Activists and Allies*

<http://transgenderlawcenter.org/issues/public-accomodations/peeing-in-peace>

This guide from the Transgender Law Center provides information to transgender people, activists, and allies about creating bathroom safety, including tips on how to address harassment, ideas for getting good bathroom policies passed, and an outline for doing a bathroom safety campaign.

GLSEN Sports Project: *Changing the Game*

<http://sports.glsen.org/>

The GLSEN Sports Project gives ideas for students to take initiative within their own schools to make school sports a more inclusive, safe space for LGBTQ students, including resources on Title IX as it relates to the protection of transgender athletes.

Ohio High School Athletic Association, *Transgender Policy*, November 17, 2014.

OHSAA's policy considerations and policy relating to transgender student athlete participation.

[www.ohsaa.org/eligibility/TransgenderPolicy.pdf](http://www.ohsaa.org/eligibility/TransgenderPolicy.pdf)

### **Sample School District Policies**

NCTE: *Transgender and Gender Non-Conforming Students: Your Rights at School*

[http://transequality.org/sites/default/files/docs/kyr/KnowYourRightsSchools\\_April2014.pdf](http://transequality.org/sites/default/files/docs/kyr/KnowYourRightsSchools_April2014.pdf)

This brochure outlines the rights trans and gender nonconforming students have in schools under Title IX and how to file formal complaints.

GLSEN: *Model District Policy on Transgender and Gender Nonconforming Students*

<http://glsen.org/article/transgender-model-district-policy>

A model school policy on how to treat transgender students, containing vocabulary definitions, commentary on discrimination, federal protection, parental involvement, dress code, and how to deal with any media attention

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and privacy policies.

Los Angeles Unified School District Policy Bulletin, *Transgender Students - Ensuring Equity and Nondiscrimination*, February 7, 2014

<http://notebook.lausd.net/pls/ptl/url/ITEM/F3B90B9FA121300EE0430A000210300E>

Boulder Valley School District, Colorado, *Guidelines Regarding the Support of Students Who Are Trans Gender and Gender Nonconforming*, February 22, 2012, August 14, 2013

<http://www.bvbsd.org/policies/Policies/AC-E3.pdf>

Connecticut Safe School Coalition, *Guidelines for Connecticut Schools to Comply with Gender Identity and Expression Non-Discrimination Laws – Frequently Asked Questions*, April 24, 2012

[http://www.ct.gov/chro/lib/chro/Guidelines\\_for\\_Schools\\_on\\_Gender\\_Identity\\_and\\_Expression\\_final\\_4-24-12.pdf](http://www.ct.gov/chro/lib/chro/Guidelines_for_Schools_on_Gender_Identity_and_Expression_final_4-24-12.pdf)

California School Boards Association, *Policy Brief – Providing a Safe, Nondiscriminatory School Environment for Transgender and Gender-Nonconforming Students*, February 2014

[http://www.csba.org/GovernanceAndPolicyResources/DistrictPolicyServices/~media/CSBA/Files/GovernanceResources/PolicyNews\\_Briefs/Transgender/201402\\_PBNonDiscriminationGender.ashx](http://www.csba.org/GovernanceAndPolicyResources/DistrictPolicyServices/~media/CSBA/Files/GovernanceResources/PolicyNews_Briefs/Transgender/201402_PBNonDiscriminationGender.ashx)

California School Boards Association, *Final Guidance: AB 1266, Transgender and Gender Nonconforming Students, Privacy, Programs, Activities and Facilities*, March 2014

[http://www.csba.org/Advocacy/~media/CSBA/Files/Advocacy/ELA/AB1266FinalGuidance\\_032014.ashx](http://www.csba.org/Advocacy/~media/CSBA/Files/Advocacy/ELA/AB1266FinalGuidance_032014.ashx)

Germantown, Illinois School District, *Accommodating Transgender Students or Gender Non-Conforming Students*, October 2014.

[http://www.germantownbulldogs.org/vimages/shared/vnews/stories/4b017691a5463/0710\\_ap.doc](http://www.germantownbulldogs.org/vimages/shared/vnews/stories/4b017691a5463/0710_ap.doc)

Massachusetts Department of Elementary and Secondary Education, *Guidance for Massachusetts Public Schools Creating a Safe and Supportive School Environment – Nondiscrimination on the Basis of Gender Identity*

<http://www.doe.mass.edu/ssce/GenderIdentity.pdf>

New York City Department of Education, *Transgender Student Guidelines*, March 2014.

<http://schools.nyc.gov/RulesPolicies/TransgenderStudentGuidelines/default.htm>

State of Washington Office of Superintendent of Public Instruction – Equality and Civil Rights Office, *Prohibiting Discrimination in Washington Public Schools – Guidelines for school districts to implement chapters 28A.640 and 28A.642 RCW and Chapter 392-190 WAC* (pp. 28-31), February 2012

<http://www.k12.wa.us/equity/pubdocs/ProhibitingDiscriminationInPublicSchools.pdf>

Washington State School Directors' Association *Transgender Student Procedure 3211P*

<http://www.k12.wa.us/Equity/pubdocs/3211ProcedureTransgenderStudents.doc>

Shorewood, Wisconsin School District, *Nondiscrimination Guidelines Related to Students who are Transgender and Students Nonconforming to Gender Role Stereotypes*, February 2014.

[http://www.shorewood.k12.wi.us/uploaded/Board\\_Documents/Policies/Guideline\\_2.pdf](http://www.shorewood.k12.wi.us/uploaded/Board_Documents/Policies/Guideline_2.pdf)

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## Legal Organizations

American Civil Liberties Union  
<http://aclu.org/LGBT>

National Center for Lesbian Rights  
<http://www.nclrights.org>

Gay and Lesbian Advocates & Defenders  
<http://www.glad.org/>

National Center for Transgender Equality  
<http://www.transequality.org/>

Lambda Legal  
<http://www.lambdalegal.org>

Sylvia Rivera Law Project  
<http://srlp.org>

Transgender Law Center  
<http://www.transgenderlawcenter.org>

## State and National Transgender Youth Organizations and Resources

Buckeye Region Anti-Violence Organization (BRAVO)  
[www.bravo-ohio.org](http://www.bravo-ohio.org)

BRAVO works to eliminate violence perpetrated on the basis of sexual orientation and/or gender identification, domestic violence, and sexual assault through prevention, education, advocacy, violence documentation, and survivor services, both within and on behalf of the lesbian, gay, bisexual and transgender communities.

Camp Aranu'tiq  
<http://www.camparanutiq.org/>

Annual summer camps for transgender and gender-nonconforming children and teens and their families. The camps are in New England and California but welcome campers from anywhere.

Equality Ohio  
[www.equalityohio.org](http://www.equalityohio.org)

Equality Ohio advocates and educates to achieve fair treatment and equal opportunity for all Ohioans regardless of their sexual orientation or gender identity or expression.

Gender Diversity  
<http://www.genderdiversity.org/>

Gender Diversity provides family support, works with schools, and provides community-building services to improve the well-being for people of all gender identities and expressions.

Gender Odyssey Family  
<http://www.genderodysseyfamily.org/>

An annual national conference for families who are working to navigate the day-to-day realities of raising a gender-nonconforming or transgender child. It is also open to teachers, administrators, medical and mental health providers, and staff from organizations that work with children.

Gender Spectrum  
<https://www.genderspectrum.org/>

Gender Spectrum provides consultation, training, and events designed to help families, educators, professionals, and organizations understand and address the concepts of gender identity and expression.

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Their website has an extensive resource section as well.

GLBT National Help Center

<http://www.glbthotline.org/transteens.html>

The GLBT National Help Center operates two national hotlines, the GLBT National Hotline and the GLBT National Youth Talkline, as well as private, volunteer one-to-one online chat.

Kaleidoscope Youth Center

[www.kycoho.org](http://www.kycoho.org)

Kaleidoscope Youth Center works in partnership with young people in Central Ohio to create safe and empowering environments for lesbian, gay, bisexual, transgender and questioning youth through advocacy, education and support.

The Trevor Project

<http://www.thetrevorproject.org/>

A 24-hour crisis and suicide prevention hotline for LGBTQ youth.

TransYouth Family Allies

<http://www.imatyfa.org>

TYFA partners with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected. They offer educational programs, online support forums, a speakers bureau, suicide prevention, and other services and resources.

Transgender Child

<http://www.transgenderchild.net/>

A website that provides extensive information, resources, and support for the parents of transgender and gender nonconforming children.

WeHappyTrans

<http://wehappytrans.com/>

A website that provides a platform for trans people to share positive stories about their lives. They also have a blog that covers media, news, support, and legal issues.

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