M.O.D.E.L.
Mentors Opening Doors, Enriching Lives

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Westerville City School District

Today’s Hopes

★ Explain the program (the why, the cost, the funding)
★ Explain the steps for development & implementation
★ Provide examples of evaluation and sustainability
★ Field any additional questions
Westerville City Schools

- Located 15 miles northeast of Columbus serving 52-square-mile area
- Serving 15,200+ students
- 15 elementary schools, 4 middle schools, 3 high schools, 1 Early Learning Center and 1 Academic Enrichment Center (24 buildings)
- Our Student Diversity:
  
<table>
<thead>
<tr>
<th>Ethnic Group</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian/Native Alaskan</td>
<td>0.08%</td>
</tr>
<tr>
<td>Asian</td>
<td>4.6%</td>
</tr>
<tr>
<td>Black</td>
<td>24.8%</td>
</tr>
<tr>
<td>White</td>
<td>54.9%</td>
</tr>
<tr>
<td>Hispanic</td>
<td>7.2%</td>
</tr>
<tr>
<td>Multiracial</td>
<td>8.3%</td>
</tr>
<tr>
<td>Hawaiian/Pacific Islander</td>
<td>0.05%</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Other Characteristics</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Free &amp; Reduced Lunch</td>
<td>26.75%</td>
</tr>
<tr>
<td>Limited English Proficient</td>
<td>8.95%</td>
</tr>
<tr>
<td>Number of native languages spoken</td>
<td>58</td>
</tr>
<tr>
<td>Countries represented in WCS</td>
<td>63</td>
</tr>
<tr>
<td>Number of English Learners</td>
<td>1,452</td>
</tr>
<tr>
<td>Students with disabilities</td>
<td>14.4%</td>
</tr>
<tr>
<td>Identified gifted</td>
<td>18.65%</td>
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What is M.O.D.E.L.?

**Targets:**
- Middle school female students

The **MODEL** mentoring program aims to:
- increase girls’ sense of self-worth
- improve perspective toward education
- help develop and define short and long term goals
- provide positive support and encouragement
- help girls become self-sufficient young adult leaders and ultimately increase school performance
M.O.D.E.L. Program: How Did It Begin?

- School counselor asked for some collaborative help
- Wrote grant in Spring 2015 (Westerville Education Foundation)
- Approved and Started Program for 15-16 School Year
- Began at ONE middle school
- Has grown to 3 (of 4 in district)
- Serve approx 30-50 students each session (per building)
- Grand Total= 425+ (since 15-16)
M.O.D.E.L. Program: How Much? *per building

<table>
<thead>
<tr>
<th>Item</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tshirts</td>
<td>$300 (optional)</td>
</tr>
<tr>
<td>Pizza Lunch</td>
<td>$75/month x8</td>
</tr>
<tr>
<td>Craft Activities</td>
<td>$100/year</td>
</tr>
<tr>
<td>Prep: name tags</td>
<td>$100/year</td>
</tr>
<tr>
<td>Other costs (fidgets, bus, etc.)</td>
<td>$300/year</td>
</tr>
</tbody>
</table>

- Approx $1,400/year (more/less)
- Also ways to reduce these costs
  - Sponsors
  - In kind Donations
  - Lunch (in cafe first)
- Other Considerations
  - Speakers (no cost)
  - STEM DAY

How do we select the students?

- Work with School Counselor/Admin
- Some high at risk, some high achievers, mostly invisible (examples: 10-20-10)
- Demographics must match the school and/or district (important)
- Pre-Meeting/Intro (set the tone)
- Send permission slip/collect (first 30-50)
How Do We Select & Recruit Mentors?

❖ Community connections and relationships
❖ Match the student demographic
❖ Now: press and word of mouth

Setting the Stage:

Initial Meeting
➢ High energy, Feed Them (pizza)
➢ IceBreakers, Team Builders
➢ Leaders selected in the room
  ○ They look around...often confused
➢ Matching mentors and groups
➢ PreSurvey and Input for Needs
  ○ Drives next steps/planning
➢ Also collect baseline data points
  ○ Grades, Attendance, Office referrals
Setting the Stage, Samples

M.O.D.E.L. (Mentors Opening Doors, Enriching Lives)

- Mentor student ratio, 1:6
- Topics (student driven) include: health, wellness, positive choices, self-esteem, public speaking practice, relationships and career exploration
- Meet monthly (sometimes bimonthly with counselor)
- January STEM Day (all groups)
- Select 1-2 service project(s)
  - Supporting the Girls
  - My Very Own Blanket
  - Elementary Pen Pals
  - Vision Boards
  - Positive Signage for school
  - Building based or local

Components of the Program

Meetings/Activities:

- Mentor student ratio, 1:6
- Topics (student driven) include: health, wellness, positive choices, self-esteem, public speaking practice, relationships and career exploration
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STEM DAY

★ 8th graders
★ At a high school, all day
★ Timing lines up with 9th grade scheduling
★ Exposure to various stations
★ Variations each year
★ PANEL to end day

Face Your Fears
Public Speaking Tips and Practice

SHOP Activity
Inspiring Word
My Intent Bracelet

Design Challenges
Catapults and Cup Stacking

Finance Workshop
Budgeting
STEM DAY

EVALUATION of IMPACT

Data Points:

➔ Pre Survey for MODEL students (10 Questions, self report)
➔ PrePost: Attendance, Grades, Office Referrals
➔ Post Survey to Teachers for input/feedback
➔ Post Survey for MODEL students (same 10 Questions, self report)
EVALUATION of IMPACT

Out of the 58 Students:
(One building results 2017)

GRADES
26 improved grades
24 stayed same
8 declined

ATTENDANCE
26 improved
31 stayed same
1 declined

BOTH AREAS: 14 showed improvement

“IT helped me think about things in a different way. It helped me realize I have to push myself to be a better student.”

“It made me feel better about myself in many ways I never thought possible.”

“It opened my eyes to many things. My mentor is like the mother I have never had. This has really helped me.”

“It has helped me open up and be more confident speaking to others. I feel better after these meetings. I feel a part of something. Thank you for having me in this group.”
What’s Next for M.O.D.E.L.?

- Continue to build capacity at middle schools
- 19-20: expanded to 3 high schools
  - Mentor Point Person at each HS
  - Meet Quarterly (or more)
  - Area to Grow and Continue Support

Questions?

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