

M.O.D.E.L.

Mentors Opening Doors, Enriching Lives



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Today's Hopes

- ★ Explain the program (the why, the cost, the funding)
- ★ Explain the steps for development & implementation
- ★ Provide examples of evaluation and sustainability
- ★ Field any additional questions

Westerville City Schools



- ❖ Located 15 miles northeast of Columbus serving 52-square-mile area
- ❖ Serving 15,200+ students
- ❖ 15 elementary schools, 4 middle schools, 3 high schools, 1 Early Learning Center and 1 Academic Enrichment Center (24 buildings)

❖ Our Student Diversity:

American Indian/Native Alaskan	0.08%	Free & Reduced Lunch	26.75%
Asian.....	4.6%	Limited English Proficient.....	8.95%
Black	24.8%	Number of native languages spoken (students)...	58
White.....	54.9%	Countries represented in WCS.....	63
Hispanic.....	7.2%	Number of English Learners	1,452
Multiracial	8.3%	Students with disabilities.....	14.4%
Hawaiian/Pacific Islander.....	0.05%	Identified gifted.....	18.65%

What is M.O.D.E.L.?

Targets:

- Middle school female students

The *MODEL* mentoring program aims to:

- increase girls' sense of self-worth
- improve perspective toward education
- help develop and define short and long term goals
- provide positive support and encouragement
- help girls become self-sufficient young adult leaders and ultimately increase school performance

WESTERVILLE 365

Girl Power Article

<https://shar.es/1egCSZ>**M.O.D.E.L. Program: How Did It Begin?**

- ★ School counselor asked for some collaborative help
- ★ Wrote grant in Spring 2015 (Westerville Education Foundation)
- ★ Approved and Started Program for 15-16 School Year
- ★ Began at ONE middle school
- ★ Has grown to 3 (of 4 in district)
- ★ Serve approx 30-50 students each session (per building)
- ★ Grand Total= 425+ (since 15-16)

M.O.D.E.L. Program: How Much? *per building

Item	Cost
Tshirts	\$300 (optional)
Pizza Lunch	\$75/month x8
Craft Activities	\$100/year
Prep: name tags	\$100/year
Other costs (fidgets, bus, etc.)	\$300/year

- Approx \$1,400/year (more/less)
- Also ways to reduce these costs
 - Sponsors
 - In kind Donations
 - Lunch (in cafe first)
- Other Considerations
 - Speakers (no cost)
 - STEM DAY

How do we select the students?

- Work with School Counselor/Admin
- Some high at risk, some high achievers, mostly invisible (examples: 10-20-10)
- Demographics must match the school and/or district (important)
- Pre-Meeting/Intro (set the tone)
- Send permission slip/collect (first 30-50)

How Do We Select & Recruit Mentors?

- ❖ Community connections and relationships
- ❖ Match the student demographic
- ❖ Now: press and word of mouth

Setting the Stage:

Initial Meeting

- High energy, Feed Them (pizza)
- IceBreakers, Team Builders
- Leaders selected in the room
 - They look around...often confused
- Matching mentors and groups
- PreSurvey and Input for Needs
 - Drives next steps/planning
- Also collect baseline data points
 - Grades, Attendance, Office referrals

Setting the Stage, Samples

M.O.D.E.L. (Mentors Opening Doors, Enriching Lives)
Please answer honestly

I have a trusted adult/role model/mentor in my life.

Rarely
 Sometimes
 Most Often

I feel I have the skills/tools needed to make positive decisions.

Rarely
 Sometimes
 Most Often

I feel I have the CONFIDENCE needed to make positive decisions.

Rarely
 Sometimes
 Most Often

JVSMS 7th grade M.O.D.E.L. SURVEY

Statement	Rarely 1	Sometimes 2	Most Often 3
I have a role model mentor/trusted adult in my life	1	2	3
I feel I have the skills/tools needed to make positive decisions			
I feel I have the confidence needed to make positive decisions			
There are a lot of peer pressures in middle school			
When I see a student being picked on/bullied, I feel comfortable stepping in and helping that student			
Community service/Helping others is important to me			
I feel hopeful about my academics right now			
I feel positive about my future			
I usually feel good about myself			
I feel comfortable/confident talking in front of a group			
I am usually (most days) who I want to be			

Tell us what would be helpful for YOU:
These are the following TOPICS I would like to learn more about this school year (circle all that apply):

- Goal setting
- Self-esteem
- Being a leader
- Getting along with peers
- Community Service
- Making positive choices
- Doing well academically
- Social Media Dangers
- Thinking about my future options
- Bullying
- Being Better Organized and Managing My Time
- How to be a better role model for others
- Taking care of myself
- How to handle tough situations

What Else: _____

Activities and Interests I Have Inside and Outside of School (circle all that apply):

- Reading
- Animals
- Sports
- Writing
- Being Outside
- Dance
- Other: _____
- Art
- Music
- Fashion
- Socializing
- School Clubs
- Video Games
- Stamps and Hair

I like the following foods (circle all that apply):

- Pizza
- MMMs
- Sherries
- Other Fav: Foods, Candy, Snacks: _____
- Pretzels
- Sals
- Chips

I like to express myself by (circle all that apply):

- Writing
- Drawing
- Other: _____
- Talking
- Through music

Anything Else You Would Like Us to Know About YOU: _____

Components of the Program

Meetings/Activities:

- Mentor student ratio, 1:6
- Topics (student driven) include: health, wellness, positive choices, self-esteem, public speaking practice, relationships and career exploration
- Meet monthly (sometimes bimonthly with counselor)
- January STEM Day (all groups)
- Select 1-2 service project(s)
 - ~ Supporting the Girls
 - ~ My Very Own Blanket
 - ~ Elementary Pen Pals
 - ~ Vision Boards
 - ~ Positive Signage for school
 - ~ Building based or local

Meeting SAMPLES

M.O.D.E.L.

NOVEMBER 20, 2019

COME WITH A DREAM,
TRAIN LIKE AN ATHLETE,
LEAVE LIKE A
role model

WHEN	WHO	WHAT
12:10 PM - 12:20 PM	MS. DEVESE, MS. SANTA, MRS. WERMERT, & MRS. HAMMONS	WELCOME HOUSEKEEPING ITEMS
12:20 PM - 12:50PM	INTRO DAVID	GUEST SPEAKER
12:50 PM - 12:58 PM	MENTORS WERMERT/HAMMONS	DEBRIEF GRATITUDE IF TIME
12:58 PM - 1:00 PM	MRS. WERMERT & MRS. HAMMONS	WRAP UP & EXIT SLIPS

Mentors:
The guest speaker will take up most of the time. Topic is Love and Relationships and can be heavy. We will give some time after to debrief with your group.

M.O.D.E.L. @ WALNUT SPRINGS MS: 8th graders
SCHEDULE for the SESSION
September 12, 2018

11:58a.m. - 12:10p.m. Welcome Message from Becca Yanni. Reiterate Expectations, Confidentiality WHY AM I HERE (for new students and returners)
- You are a leader
- Overview of MODEL

EAT PIZZA, ENJOY

12:10p.m. - 12:20p.m. MENTOR LED ACTIVITY: Introductions; TV Shows

All Members Introduce Yourself to Group
Use Scrap Papers: Each Person Gets 2 Pieces
Each Person Writes a Favorite TV Show on Each Piece
Fold Up and Put in Middle
Mentors: Pull Out the Pieces one at a Time and See if Others in the Group Know, Like the Same Shows
Keep Pulling Papers Until All Have Been Read

12:20-12:25pm Large Group Icebreaker: Becca Yanni

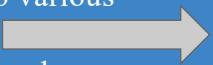
12:25p.m. - 12:35p.m. COMPLETE SURVEY/NEEDS ASSESSMENT
http://bit.do/WSMS_MODEL

12:35 p.m.- 12:50 p.m. TEAM NAME: KEEP or CREATE
Present Your Existing or NEW TEAM NAME to Group (Chant, Cheer, Poem, Rhyme, etc...)

12:50p.m. - 12:52 p.m. Wrap Up, Exit Slip (in bags): Fill Out and Leave at Table
MENTORS: Please Fill Out Your EXIT Sheet; Verify group NAME and Team Members

STEM DAY

- ★ 8th graders
- ★ At a high school, all day
- ★ Timing lines up with 9th grade scheduling
- ★ Exposure to various stations
- ★ Variations each year
- ★ PANEL to end day



Face Your Fears

Public Speaking
Tips and Practice

SHOP Activity

Inspiring Word
My Intent Bracelet

Design Challenges

Catapults and Cup
Stacking

Finance Workshop

Budgeting



STEM DAY

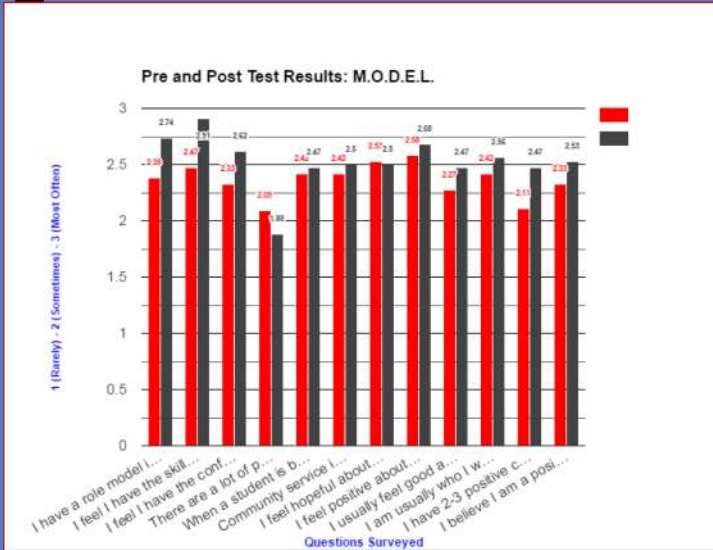
IMPACT

Data Points:

- Pre Survey for MODEL students (10 Questions, self report)
- PrePost: Attendance, Grades, Office Referrals
- Post Survey to Teachers for input/feedback
- Post Survey for MODEL students (same 10 Questions, self report)



EVALUATION of IMPACT



Out of the 58 Students:
(One building results 2017)

GRADES

- 26 improved grades
- 24 stayed same
- 8 declined

ATTENDANCE

- 26 improved
- 31 stayed same
- 1 declined

BOTH AREAS: 14 showed improvement



“It made me feel better about myself in many ways I never thought possible.”

“It helped me think about things in a different way. It helped me realize I have to push myself to be a better student.”

“It opened my eyes to many things. My mentor is like the mother I have never had. This has really helped me.”

“It has helped me open up and be more confident speaking to others. I feel better after these meetings. I feel a part of something. Thank you for having me in this group.”

What's Next for M.O.D.E.L.?

- Continue to build capacity at middle schools
- 19-20: expanded to 3 high schools
 - Mentor Point Person at each HS
 - Meet Quarterly (or more)
 - Area to Grow and Continue Support

Questions?



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