



BE PART OF THE VILLAGE:

A Community of Caring

First aid kits dwell in every school building, fully loaded with band-aids, sterile gauze, antibiotic ointment, antiseptic wipes, and adhesive tape. Educators use them to heal the outward wounds of students on a daily basis, but what about emotional wounds? The wounds that are powerfully revealed throughout the day, maybe during a lesson, alone in a bathroom stall, or walking through the hall. The emotional battles students encounter have a tremendous impact on success in the classroom and school environment.

The district has made a concerted effort to be proactive and address the specific behavioral and mental health needs of our students. The focus areas of Berea City School District's Positive Behavioral Interventions and Supports (PBIS) are Safety, Respect, and Responsibility. The goals of the district's PBIS teams for this school year were based upon discipline data and survey data collected from K-12 students and staff last year.

These goals include:

- Decreasing behaviors that lead to discipline referrals
- Increasing the use of PBIS practices (e.g., mindfulness, peer mediation)

- Training all staff in crisis intervention and mental health needs
- Utilizing a classroom management tool to assist Pre-K-12 teachers with student behavior
- Addressing each building's needs related to Safety, Respect, and Responsibility through building PBIS teams
- Researching curricula and interventions to provide social emotional learning to all students
- Providing small group instruction to address stress, anxiety, peer conflict, and improve coping skills
- Revising data collection to define student behavior in the classroom and other settings

Berea City School District has implemented numerous Positive Behavioral Interventions and Supports programs and training.

During the 2016-17 school year, Berea City Schools and the Cleveland Clinic Foundation created a Youth Mental Health First Aid program for districts to "train the trainer." The Youth Mental Health First Aid project will provide vital training to adults working with students on how to recognize and respond to the warning signs of mental

health and substance use disorders as well as how to connect students to appropriate service resources.

Currently, grades 5-12 staff, transportation staff, nurses, and extended care staff have all completed training. PreK-4 staff will complete their training by the end of the 2018-19 school year.

For several years, the district has provided Non-violent Crisis Intervention training to district staff to help de-escalate student crises and teach problem-solving skills.

Safety and Threat Assessment and Intervention

Through a partnership with Sandy Hook Promise, the district's Safety and Security Committee and mental health providers will receive the most current and research-based training to address student and school safety.

The district also utilizes Sandy Hook prevention programs:



Start With Hello

Teaches children, teens and young adults how to be more socially inclusive and connected to one another.

Start With Hello asks students, educators, parents and other community leaders who interact with children to take a simple, yet incredibly powerful, action at lunch – making sure that no one eats alone. This simple action, when taught and put into practice, instills the power and reward of social inclusion – that when you see someone alone at lunch (or across any other experience), say hello, introduce yourself, ask them to join you.

Say Something

Training for children and teens on how to recognize signs, especially in social media, of an individual who may be a threat to them self or others and say something to a trusted adult to get them help.



Say Something provides tools and practices to:

- Recognize the signs & signals of a potential threat – especially in social media
- Teach and instill in participants how to take action
- Drive awareness and reinforce the need to Say Something

Transition Bridge Program

The Day to Liv: Transition Bridge Program (TBP) is a collaboration between Berea City School District and the Cleveland Clinic Foundation to bridge communication and support between clinical providers and school teams for the social-emotional and academic success of students at school.

Community Connectors

Provides students with social-emotional instruction and connecting them to mentors in the community for the purposes of college, career, and life readiness.

These are just some examples of the PBIS work taking place in the Berea City School District.

As the saying goes, it takes a village to raise a child. We are all in this together as caring community.