

PAX & Positive Behavior Interventions and Supports (PBIS)
Trauma Informed Ways to Increase Learning and Reduce the Impact and Effects of ACES

ACES: Adverse Childhood Experiences

This study found the higher the ACE Score, the greater the risk of experiencing poor physical and mental health, and the greater the risk of negative social consequences later in life.

Trauma-informed strategies help diminish the effects of ACES for both teachers and students, allowing for a healthier learning and social environment.

Trauma Informed Care means we seek to do the following:

- **Realize** people’s experience and behavior are understood in context of coping strategies which are often developed to survive and/or navigate difficult circumstances.
- **Recognize** signs, including hypervigilance, constant state of arousal, mistrust, memory issues, avoidance, and difficulty regulating anger, behavior or emotions.
- **Respond** by creating physically and psychologically safe environments that are fair, trustworthy and transparent. Creating Trauma Informed policies and practices.
- **Seek** evidence based practices to actively resist re-traumatization which can happen through command, control and consequences that interfere with teaching, learning, healing and recovery.

Where
ACTION
and
HOPE
begin.

A Trauma-informed approach seeks to provide six key principles:

1. **Safety**
2. **Trustworthiness and Transparency**
3. **Peer Support**
4. **Collaboration and Mutuality**
5. **Empowerment, Voice and Choice**
6. **Cultural, Historical, and Gender Issue Awareness**

https://www.samhsa.gov/samhsanewsletter/Volume_22_Number_2/trauma_tip/guiding_principles.html



- Gets all adults on same page
- Gets systems in place to make sure behaviors are
 - clearly defined
 - taught
 - positively acknowledged when correct
 - appropriately corrected & guided when in error.
- Data informed decision making
- Continuous improvement system



- Trauma Informed approaches & strategies
- Helps students internalize and see purpose of school expectations
 - Student learn to extend decision making beyond matrix
- Gives teachers/schools practical tools to achieve some PBIS requirements & teach expectations
- Provides some data and tiered intervention strategies.

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Ohio PBIS Requirements:

Notes are how PAX can *contribute*; however, PAX does *not* fulfill all aspects of Ohio PBIS requirements. The ODE Ohio PBIS Network offers specific training to cover all requirements.

1. Administrative commitment & consistent involvement

PAX Partner can help explain how PAX can be used within PBIS, how to use PAX data and PAX Vision

2. Established team based structures

Get as many reps from other initiatives & teams as possible. Consolidate data & efforts. PAX Partner shows how PAX best practices integrate into other school initiatives as applicable.

3. Consensus on (3-5) behavioral expectations

PAX: All-staff PAX Vision (See Hear Feel Do MORE & LESS of). Emphasis on Trauma Informed principals for STAFF (not just students) to develop consensus and uniform commitment. Other: Utilize ODE OIP Resources, SMART format and Tiered Fidelity Inventory

4. Systematic teaching of behavioral expectations

Using results from #3 above, PBIS/PAX team develops matrix, how to teach expectations using PAX Vision process, when it will happen, etc. using Ohio PBIS Network guidelines.

5. System for reinforcing desired behaviors

PAX: PAX Leader, Tootles, PAX Vision (proactive), Ok/Not Ok, Wacky Prizes and PAX Game; individual, classroom and school wide goals; PAX Family App. **Other:** tickets etc.

6. System for correction of behavioral errors (staff-administration)

PAX: PAX Vision, PAX Language (Spleems), Ok/Not Ok Cues, PAX Game, PAX Leader Note: **PAX** gives skills to teachers to address both reinforcement of desired behaviors and correction of errors, intervening before office referrals. **Other:** Flow charts for office referrals, universal process for correction, intervention, and for school and home communication etc.

7. Data-based decision making

PAX: PAX Up! App: Spleems & PAX Minutes (individual and group); PAX Minute goal setting, Implementation Surveys **Other:** SWIS, Tiered Fidelity Inventory, other OH PBIS Network tools.

8. Multi-tiered system of behavioral supports

PAX: Universal implementation can reduce some Tier 2 & 3 situations. PAX Heroes trains staff for some Tier 2 & 3 strategies
Other: More comprehensive and wrap around services also needed for most Tier 2 & 3 students

9. Maintains culturally responsive practices

PAX is Trauma Informed, giving teachers cultural, historical and gender sensitive approaches to all students. i.e. PAX Language, PAX Vision, Non-verbal Cues. Other more comprehensive school-wide approaches also needed.

PAX also helps educators achieve

- Social Emotional Learning Standards
- OTES Standards

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